

---

# BERKELEY HIGH NEWS

January-February, 2008 | Jim Slemp, Principal | 1980 Allston Way, Berkeley, CA 94704 (510) 644-6120

---

## SCHOOL NOTES from Janet Huseby, BHS Volunteer Coordinator

### Spanish Speaking Liaison

Berkeley High School's Bilingual Parent Liaison, Simón Tiles, began work on January 7. He comes to Berkeley High

School from San Rafael, where he held the same position for four years. A native of Venezuela, Simón was educated at Lewis & Clark College in Portland, Oregon, where he majored in international affairs.

*Hola a todos los miembros de la comunidad Latina de Berkeley High School. Quiero que sepan que mis puertas están abiertas para ayudarles con cualquier pregunta o duda que tengan con respecto a nuestra escuela, nuestros servicios o la educación de sus hijos e hijas. Espero tener la oportunidad de conocer y hablar con muchos de ustedes en nuestras reuniones y talleres.*

—Simón Tiles

Simón sees his job as a bridge between school and parents, working as an advocate for parents, particularly the Spanish-speaking parent community. He says his role is to allow parents to develop a partnership with Berkeley High School and to become more involved in their children's life at the school.

Simón shares the Parent Resource Center— D224 — with Irma Parker. Their telephone number is 644-8524, and Simón's email address is [Simón\\_Tiles@berkeley.k12.ca.us](mailto:Simón_Tiles@berkeley.k12.ca.us). Although he is usually in the office from 10 a.m. to 4 p.m., he attends evening meetings as well.

### Scheduling 2008-2009

As we launch into second semester the administration is already at work on the 2008-2009 class schedule. The first step in the process for current 9<sup>th</sup>, 10<sup>th</sup>, and 11<sup>th</sup> grade students (classes of 2009, 2010, and 2011) and their parents is the Berkeley High School Curriculum Night in the Community Theater Monday, February 11 from 7 p.m. to 8:30 p.m. The evening will be an opportunity to talk to small school and program representatives, meet with department heads, and go over the scheduling process.

Later in the spring, as they did last year, counselors will work with students to enter their class preferences online. The students' course requests will be mailed home to parents for approval before final computer entry.

---

### Open House at BHS – Feb 21, 2008

Berkeley High School will be hosting their annual Open House on Thursday, February 21 from 7 p.m. to 9 p.m. This is a wonderful opportunity for families to check in with staff and visit each of your child's classrooms following our abbreviated student schedule. You will also have an opportunity to meet with administrators and counselors in the Food Court where there will also be coffee, tea, and cookies for your enjoyment.

---

### Advisories & Block Scheduling

After careful deliberation the School Governance Council has decided to create a Futures Committee to study ideas and plans for an advisory period, block and extended year schedule. The committee will be made up of staff, students and parents. Implementation of the Advisory program will be put on hold pending the recommendations of this committee. The committee will work over the coming semester and through the summer. The committee is expected to have a preliminary report by the end of the spring semester and a final report in August. Currently, no major changes are expected in the school schedule until the 2009-2010 school year.

---

### Testing

Spring semester heralds the beginning of the testing season: Exit Exams, STAR testing, and Advanced Placement. The California Exit Exam (CAHSEE) is offered once to sophomores, twice to juniors and three times to seniors. Under current California regulations, all students MUST pass the exam in order to receive a California high school diploma. First on the agenda is the all sophomore exit exam on Tuesday and Wednesday February 5 and 6. If a sophomore passes the test, they do not have to take it again. The Exit Exam is a high stakes test and we want our students to have a calm and orderly test taking venue. In order to do so, we are asking the community's help checking in students, monitoring the test, collecting the booklets and then redistributing them the following day. We need volunteers on three shifts 7:15 to 8:30 a.m., 8:30 to 12:00 Noon and 12:00 Noon to 3 p.m. Some parking passes are available. The **first shift** will be in charge of making sure each student has the proper test and answer sheet. The **second shift** will help monitor the test and start collecting and organizing the completed tests. The **third shift** will continue to monitor and organize the returned tests. If you can help, please contact our Volunteer Coordinator Janet Huseby at [jhuseby@pacbell.net](mailto:jhuseby@pacbell.net) or (510) 527-1130.

There will be a make-up exit exam on March 11 and 12 for 10<sup>th</sup>, 11<sup>th</sup>, & 12<sup>th</sup> graders. The STAR test will take place the week of April 21 and Advanced Placement is scheduled for May.— find AP Exam dates at [www.collegeboard.com/student/testing/ap/cal.html](http://www.collegeboard.com/student/testing/ap/cal.html).

---

# Principal's Letter

Dear Parents,

With Valentine's Day approaching, you don't need to send a valentine to your child to let them know you love them. One of the most important things that you can do for your child is to work at building self esteem. Self esteem is a strong foundation on which to build emotional, social and physical health in a child. In fact, the way our children think and feel about themselves will inevitably affect every aspect of their lives. So, for Valentine's Day, consider these guidelines for helping your child grow in self-valuing:

**Acknowledge and try hard to understand your child's world. Kids tend to feel good about themselves when someone else is attending to them.** Though they may not be cognitively aware that you are tending to them and that you consider their world valuable, they nevertheless experience your attitude. Listening skills can come into play here. When you can receive a negative message from your child without immediately judging it, you're letting the child know you value his thoughts and feelings.

**Compliment and criticize your child's behavior, not the child.** This suggestion helps to offset the belief that what children do equals who they are. Your child is not a "good person" because she got all C's on her report card. She is a good person who happened to get all C's. Sam is not a "bad person: when he disobeys his parents. He is, in fact, a good person who is disobeying.

**Try to detach your child's behavior from the person and then respond to the behavior.** The time to address children in their being is when they are doing nothing. Sometimes children, when given a positive comment when they are not accustomed to hearing such thing, will react negatively or with embarrassment. Don't feel bad if that happens. Simply receive your child's discomfort and reaffirm your love. You might repeat your statement again a week or so later.

**Attend to and encourage the process of your child's life rather than content.** The content of your child's life consists of the things she does, such as winning a game and getting good grades, etc. The content is the end result. The success and the failures, the victories and the defeats. The process is the personal quality or style the child brings to the content. The process is much more significant than the content. A helpful exercise: take time to identify qualities in your child that enhance life. The more you focus on them, the more you'll express to your child and the more they will value these qualities and use them as an accurate basis for their own self esteem.

**Teach your children that their experience is valid even if it is different from others' experiences.** A most subtle and powerful belief that children sometimes develop is: "If children invalidate their own reality, they will feel inferior and hurt and overly sensitive. If they invalidate the other person's world, they will feel angry, aggressive and superior to others. Both responses are signs of low self esteem. You can best help a child avoid this dilemma by modeling tolerance, both in your personal relationship and your relationship with the child. The goal is for the child to understand that if someone differs from us, it doesn't mean that person is attacking us as a person.

Happy Valentine's Day!

  
Jim Slemp

## How To Get Academic Support For Your Student

The Berkeley High School curriculum is challenging. Virtually every student seeks tutoring help in some form while they are at the school – which is good because teachers respond to student motivation when they assign grades. Asking for help is a sign of maturity, resourcefulness and determination – qualities that a college or employer seek in a high school graduate. The following suggestions may benefit your student if he or she needs help.

**Start with the teacher.** Most teachers are available at lunch or after school and many will give extra credit for attending tutoring sessions,

**Talk with your student's counselor.** Counselors are aware of the many types of academic support at school.

**School-wide tutoring** are offered in Math and AP Biology, English and History. (See schedule on page 8)

**Departmental tutorials** are offered in Math and AP Biology, English and History. (See schedule on page 8)

**Student study groups** can be formed independently or through the Student Learning Center.

**Private tutoring** – A new list is available through <http://www.bhsacademichoice.com/index.htm> (important: Please note BHS does not sponsor or endorse this list of private tutors. Families should do their own independent research in making selections.)

## Help your teen handle stress-avoid drugs

Sometimes, teens turn to drugs as a way to handle stress. Since stress is a part of life, teens need to learn other positive ways to manage. Here are some ways you can help your teen handle stress:

**Talk about it.** Letting your teen know that stress is a part of every day life is an important step. You might say, "I know that you have a big test on Friday that might cause you to feel nervous. If you think you are worrying too much come and talk to me. Maybe we will be able to work out something together."

Learn other ways to cope. Among the ways people handle stress are:

- ▶ Getting regular exercise.
- ▶ Setting aside time to relax.
- ▶ Getting involved in a hobby.
- ▶ Eating nutritious food.
- ▶ Talking about what is bothering them.

**Share your own experience.** Let your teen know that you feel stressed too. Talk about the ways you try to reduce stress in your own life.

**Be a role model.** If you reach for a drink after a tough day, you are teaching your teen to handle stress with alcohol. Consider taking a brisk walk instead.

---

## Subscribe BHS ETREE

Berkeley High has an organized email list that sends all subscribers the Student Daily Bulletin, the College & Career Advisor's Bulletin, and important BHS news and notices. The BHS e-tree works with the Berkeley High administration to ensure the accuracy of all information posted.

To subscribe automatically, send an e-mail message to:

bhs-request@idiom.com with "subscribe" as the first and only word in the subject line.

To unsubscribe automatically, send an e-mail message to:

bhs-request@idiom.com with "unsubscribe" as the first and only word in the subject line.

The BHS etree is also archived weekly, so that if you delete an important announcement you can find it again!

## SSJE Offers Electronics Recycling Feb 2

The School of Social Justice and Ecology (SSJE) is hosting an Electronics Recycling Drive on Friday, February 2, in the Berkeley High School parking lot from 8 a.m. to 4 p.m.

Universal waste includes televisions, monitors, laptops, flat screens, DVD Players, CPUs, printers, cell phones and even stereos that are found today in homes and business.



## EDLINE - Click for Grades & Attendance!

Earlier this year, Berkeley High began signing families up for Edline, a computer program which allows parents—and students—to check out grades and attendance, and more. According to parent Shawna Hartman Brotsky, "Edline makes it much easier to navigate and find information at Berkeley High. I've used it to find: my student's grades, my student's attendance record, the finals schedule, verify if it's a late start day, and download essential documents, like tutoring sheets, posted by her teachers."

The school recently mailed out a second round of Edline Activation Codes to everyone who had not activated their account. While it is possible to go to [http://www.edline.net/pages/Berkeley\\_HS](http://www.edline.net/pages/Berkeley_HS) without a login to start to see what is available in general you must sign and create a password in order to see attendance, grade reports (progress reports and quarter/semester grades), and calendar information about your student(s). If you this second password, do not despair, we will send you a third. For more information contact Vice Principal Maggie Heredia-Peltz at 644-8744.

---

## Earthquake Planning

Berkeley High is reviewing and updating its school safety plan with a focus on earthquake preparedness. One result of the planning will be an earthquake drill scheduled for the end of January. If a major earthquake will occur during school hours at Berkeley High, it is important that families as well as the school set up contingent plans. A few moments spent now can give you and your teenager both peace of mind and make a critical difference in finding your child quickly if a major quake strikes during the day.

After a major earthquake, communications may be very difficult for days as cell phone systems are overloaded. Students need to know ahead of time if you want them to stay at school until they are picked up by yourself or another adult designated on the emergency form? Or, do you want them to walk home or to another off-campus meeting place? Are they supposed to walk to a younger sibling's school? It is important to have answers to these questions before a quake hits.

The telephone line you should call for updated Berkeley High information if an earthquake happens is (510) 644-6120. For more information or If you should have any questions about our earthquake planning, please feel free to contact Vice Principal Maggie Heredia-Peltz at 644-8744 or Dean Alejandro Ramos at (510) 644-6120.

---

## BHS Yearbook ON SALE NOW

Please purchase your yearbook now. Books are going fast and this yearbook is turning into a creative and photo filled record of 2008. Books may be purchased for \$70 dollars in H102 at lunch or after school. Also, through March 15, books can be purchased at [myyear.com](http://myyear.com) for \$70 plus tax, and a convenience fee.

SENIOR PAGES are on sale for \$60 for a quarter page, \$120 dollars for a 1/2 page, \$180 dollars for a full page, and \$360 dollars for a two-page spread. This is a great way to congratulate your graduate for all of his or her hard work. We will help you design a page for \$25 if you provide us with the pictures. The deadline for purchasing senior pages is Jan 31. Students who qualify for free and reduced lunches may purchase their yearbooks for \$55 until Mar. 15, only in H102. After March 15, prices will go up to \$60.

Hurry and buy your 2008 BHS Yearbook soon — this one is going to be a classic.

Any questions please call or email Gabriel Berent: [gabriel\\_berent@berkeley.k12.ca.us](mailto:gabriel_berent@berkeley.k12.ca.us) or 644-6856 after 3:15 PM.

# Berkeley High School COLLEGE & CAREER CENTER

Room D221 Admin Building 1980 Allston Way, Berkeley CA 94704

Ilene Abrams iabrams@berkeley.k12.ca.us (510) 644-6804 & Angela Price Angela\_Price@berkeley.k12.ca.us (510) 644-4576

## For Seniors

This is a difficult time for many seniors. They have turned in their applications, but only a few have received their acceptance letters. They will hear from most of their colleges in March and the beginning of April. Many students come to my office seeking reassurance that they will be accepted to a college. They feel that decisions about their future are in other people's hands. It is very anxiety producing to feel so out of control of one's own destiny. Please support and encourage your children. The bottom line is that they will have options. In the end, the decision of one college will not make or break their futures. Let them know that you have confidence in them.

## Financial Aid follow-up

**CAL GRANT** - The Cal Grant provides free money for accredited two and four year colleges and technical schools in California. Students only need to turn in the Cal Grant Verification Form to Ms. Mellion in D173 by February 15 and file a FAFSA listing a California school (public or private) by the March 2nd deadline. If you or your student has a question about this, or needs help filling out any of the forms, please contact me or Ms. Price.

**FAFSA** – The deadline to file the FAFSA for all California public schools is March 2nd. Many private schools have earlier deadlines, so if you have not determined the financial aid deadline for each school your student is applying to, I recommend that you do so immediately. Even if you need to estimate numbers, it's

important to meet that deadline. Failure to do so will likely result in your student receiving less financial aid. If possible, file in advance of the deadline.

## PRIVATE SCHOLARSHIPS

– our scholarship box is now overflowing with applications for scholarships which are available to Berkeley High students. Many of these are for Berkeley High or Alameda County students only. Some students have told me that they are signed up with [www.fastweb.com](http://www.fastweb.com) and other scholarship services. While these services are excellent, they do not have information on many of the local scholarships we have available. In addition, the scholarships they offer are often open to a national pool, while the ones in our box are generally less competitive. Please encourage your students to check the box once a week as new scholarships are coming in regularly. I also list them in my daily bulletin as they arrive. A complete list is available on the College/Career Center web site:

<http://bhs.berkeley.net/index.php?page=home-2>, then click on "Scholarships."

## IT'S NOT TOO LATE TO APPLY

– Some students may just now realize that they have not applied to any "insurance" schools, or any four year schools at all. There are many schools with later application deadlines and so it is not too late to add schools that are both less selective and meet their educational and social needs. As of this writing, UC Riverside and UC Merced, many Cal State campuses (final

application deadline for all Cal States which are still accepting applications is February 1), as well as private schools in California and around the country, are still accepting applications. Please ask your student to see me or Ms. Price if he or she would like to discuss this possibility.

## For Juniors

### COLLEGE INFORMATION NIGHT FOR PARENTS/GUARDIANS OF JUNIORS

– Tuesday, February 5, 6:30-8:30 pm in the Berkeley High library. Enter at 1980 Allston Way. Angela Price and I will provide an overview of all aspects of the college admissions process. This meeting is for adults only since the students will be receiving this information in their English classes. Come to get your questions answered!

Ms. Price and I start meeting with junior English classes at the beginning of February to give an overview of the college application process and let students know that there are many reasons to attend and that there are many colleges that are a good fit for each and every student. We will provide each student with a packet of information including a list of factors to help them think about what is most important to them in choosing a college. After the class presentations are completed, students will be able to sign up for an individual appointment with their College Advisor to discuss their options. You are welcome to come to the meeting, as long as your student feels comfortable with your attending.

We are hoping that all students will meet with us, whether or not they are planning to go to college. We have many resources on career choices available as well. Students should sign up for the meetings themselves because we want to encourage them to take responsibility for their future plans. We are also available for drop-in appointments to answer short questions at lunch and after school every day or students can send questions via e-mail.

Please encourage your students to use all of the resources of the College/Career Center. We have books to help prepare for the SAT and ACT, numerous college catalogues and many guidebooks to help them locate colleges that meet their educational and social needs, as well as a large section on choosing careers. Again, remember that the best bet for all students is to apply broadly – schools that are more selective and those that are less selective but offer a quality education. In addition, we strongly recommend that students apply to private colleges as well as California public schools. Although private schools look more expensive at first, they have many more dollars for financial aid. In the end, what your family pays for college may be less at a private college than a public one because the financial support offered by the school may be more.

**TESTING** – All juniors should take either the SAT or the ACT this spring. Students should take at least two SAT subject tests in two different subject areas if they are considering applying to a UC

campus or any private school that requires them. All colleges will accept either the SAT or the ACT. By taking the tests this spring, students can see their scores and, if they wish, study over the summer and retake the tests in the fall. There are fee waivers available from either Ms. Price or myself in D221 for low income families which cover the registration fees for these tests. Students may register online or by mail. Paper applications are available in D221.

**SAT Dates** – register at [www.collegeboard.com](http://www.collegeboard.com)

Test Date, Regular Registration Deadline, Late Registration Deadline (additional \$22 cost)

Mar 1	Jan 29	Feb 7
May 3	April 1	April 10
June 7	May 6	May 15

**ACT Dates** – register at [www.actstudent.org](http://www.actstudent.org)

Test Date, Regular Registration Deadline, Late Registration Deadline (additional \$19 cost)

April 12	Mar 7	Mar 21
June 14	May 9	May 23

**SPRING BREAK COLLEGE TOURS** – Spring Break is a great time to tour colleges, whether locally or outside the Bay Area, because most colleges are in session. BHS students can talk with the college students and sometimes have the opportunity to sit in on classes. These tours are led by college students, so high school students can feel free to ask any questions they would like. Check each school's web site to get information on the times and dates of the tours and how to sign up. We also have a handout on questions to ask on these tours.

**CLASS SELECTION FOR SENIOR YEAR** – Many students, wanting to show colleges that they are taking a rigorous course load, choose too many AP

and Honors classes for their senior year. We recommend that students take no more than two AP classes each year in subjects that they are interested in. Senior classes are more difficult and require more homework. In addition, seniors will have the extra work of applying to college first semester. Students will also want to continue their extracurricular activities and enjoy senior year activities.

### **For Sophomores**

The counselors and college advisors have begun a new program: "College Experience for Sophomores." The culmination of the program will be a visit to two colleges for each sophomore English class. A few of the tours will take place at the end of January and beginning of February, but most will take place in the spring. We need parent volunteers to chaperone the tours. If you are available, please contact Janet Huseby at [jhuseby@pacbell.net](mailto:jhuseby@pacbell.net).

### **For All Students SUMMER PLANS**

This is a great time to begin making plans for the summer. Students can earn money or pursue an academic or extracurricular interest. There are numerous internships available and college campuses around the country host high school students in research and mentorship opportunities. There are often scholarships available. Some of these opportunities are listed in the College Advisor's Bulletin as they come in, but there are too many to mention all of them. Please encourage your student to look through the many applications and brochures available in D-221. A list of some of the available opportunities is available online at the College/Career Center website: <http://bhs.berkeley.net/index.php?page=home-2>, then click on Summer Programs.

---

## **Berkeley High School Student Leadership News**

from Interim Student Activities Director Chris Young

The upcoming months are busy ones here in the leadership office. Each class has their hands full planning various activities, while ASB is working hard to improve the effectiveness of whole-school leadership as a representative and service organization for the amazing student body of Berkeley High. Building on recent service successes with the annual Holiday Meal and Curriculum Night, leadership is operating under the principle that "leadership is service" in their continued efforts to provide learning and spirit-building activities for the BHS community. If you have any questions or interested in volunteering, please contact Chris Young, Interim Activities Director, at [cyoung@berkeley.k12.ca.us](mailto:cyoung@berkeley.k12.ca.us) or (510) 644-8990.

**January 29 – Mock Election:** All students at Berkeley High School are invited to vote in a mock election for the presidential candidate of their choice and three ballot measures. This important exercise in democracy is happening statewide! Students will either be taken with their Social Studies class or can vote at lunch or after school in the Community Theater Foyer.

**January 31 – Graduation cap and gown vendor on campus:** Achievers will be on campus to accept seniors' cap and gown, class ring, and graduation announcement orders. If you need a catalog and ordering form they are available in D148. Call Achiever for questions at 408-441-7200.

**February 9 – Winter Ball: "A Red Carpet Affair:"** Tickets are now on sale in the box office by the Allston/Milvia Street gate. This year's Ball will be held at the picturesque Doubletree Hotel in the Berkeley Marina. Tickets are \$55, but there are several days on which students can receive a discounted price of \$50. The ticket price includes admittance and unlimited finger foods and non-alcoholic beverages.

**February 12 – Junior Prom Faire:** Vendors will be in the courtyard after school offering the best deals on apparel and other prom-related needs of those planning on attending. Junior Prom will be held March 22 at the Oakland Scottish Rite Center.

**February 29 – BHS Talent Show:** An event you won't want to miss. Berkeley High School's best singers, dancers, poets, musicians, actors, etc. will be on display starting at 7 p.m. in the Little Theater. Doors open at 6:30 p.m. Tickets are \$5 for BHS students, young children, or seniors, \$8 for adults and guests. At the event a raffle will be held for an iPod!!

---

# Berkeley High Sports Report

Kristin Glenchur

Athletic Director, Berkeley High School

Our **winter sports teams** are progressing with our top ranked girls' basketball team, our boys' basketball team, and our girls' soccer teams all undefeated in league and likely headed to post-season play in February and March. The boys' soccer team continues to fight and recently scored two goals in the final two minutes to beat Hercules 2-1. The wrestling team has gone to numerous tournaments and is just entering league competition. Come on out on a Tuesday or Friday to support Jacket Basketball or cheer on our soccer teams on Tuesdays and Thursdays. The wrestling team has gone to numerous tournaments and is just entering league competition. Come on out on a Tuesday or Friday to support Jacket Basketball or cheer on our soccer teams on Tuesdays and Thursdays.

The **spring season begins Monday, February 4th**. Baseball, Coed Badminton, Track and Field, Swimming, Softball, Boys and Girls Crew, Boys and Girls Lacrosse, Boys Tennis and Boys Golf are all offered. Tryout locations and times are listed below, and all athletes must complete an athletic packet in order to tryout – including a valid annual physical. Athletic packets may be turned into the athletic office during the week of January 28th-February 1 at lunch or immediately after school. A list of those cleared to tryout will be published on the athletic office window starting the week of January 21. Those who turned in a packet for a fall or winter sport should check the list to be sure they are cleared for spring tryouts. Coaches will be provided with a list of cleared athletes.

**BHS Athletics and the Berkeley Athletic Fund are proud to announce the Second Annual Athletic Hall of Fame.** The event kicks off on Friday, May 2 with the First Annual Hall of Fame Golf Tournament fundraiser at Tilden Park. On Saturday, May 3 at 11:00 am in the Donahue Gym we will induct twenty great athletes and three special inductees. Student athletes are encouraged to volunteer to help at this event and meet some of the phenomenal people who have helped to make Berkeley High Athletics great.

For more information on all of our inductees, the Athletic Hall of Fame events or to sign up for the golf tournament go to [www.berkeleyathleticfund.org](http://www.berkeleyathleticfund.org).

---

## BHS SPRING SPORTS TRYOUTS BEGIN MONDAY, FEB. 4, 2008

**Varsity, JV, Freshman Baseball.** Co-Head Coaches: Tim Moellering & Curtis Sandeford. Tryouts Monday - Friday, Feb 4-8 at San Pablo Park - 4-7 PM. Freshman tryouts begins Mon-Fri. 6-8 pm at Willard. Wear workout attire (including sweatshirt), bring your own glove and cleats. 644-4500 ex.37803 or [tmoellering@berkeleyk12.ca.us](mailto:tmoellering@berkeleyk12.ca.us).

**V and JV Softball.** Head Coach: Ron Hunt. Tryouts begin, rain or shine, Monday through Friday at the BHS softball field from 3:45-6:00 PM. Wear workout attire (including sweatshirt). Bring your own glove and cleats. Contact info: 925-324-7864.

**Varsity Badminton.** Britta Fjelstrom. Meet Monday at 4:00 PM on the track bleachers. Be prepared to workout Monday - Friday. Wear workout attire, tennis shoes, bring your own racquet. Limited number of beginner racquets are available. Contact info: [b\\_fjelstrom@berkeley.k12.ca.us](mailto:b_fjelstrom@berkeley.k12.ca.us)

**V. Boys Volleyball:** Chris Paik. Mandatory meeting on Monday (Feb. 4) at 3:30 PM outside athletic office. Tryouts begin Tuesday - Friday in the Old Gym from 6:00-8:00 PM. Wear workout attire. Contact info: [cpaik@velocitipartners.com](mailto:cpaik@velocitipartners.com)

**V and JV Swimming:** Bill Gaebler. Tryouts begin Monday- Friday in the Competition Pool from 3:30-6:00 PM. Bring swimsuit, lock, and a towel. Contact info: 525-2314 or [williamgaebler@berkeleyk12.ca.us](mailto:williamgaebler@berkeleyk12.ca.us).

**V and JV Boys Lacrosse:** Mike Costanzo. Tryouts Monday- Friday at Derby Field 4:00-6:30 PM. Wear workout attire (including sweatshirt), bring your own stick. Contact info: [mikecostanzo21@hotmail.com](mailto:mikecostanzo21@hotmail.com).

**V and JV Girls Lacrosse.** Laura Bernhard, off-campus coach 2nd year. Tryouts Monday - Friday at Derby Field from 4-6:30 PM. Beginners welcome! Wear workout attire (including sweatshirt), bring cleats, mouth guard, goggles and stick if you got 'em. Contact info: 510-847-6428 or [lbernhard@berkeley.edu](mailto:lbernhard@berkeley.edu)

**V and JV Track and Field.** Darrell Hampton. Voluntary pre-season conditioning Mon-Thursday either on the track or in the weight room. Mandatory practice begins Monday-Friday at 4:00 PM on the BHS track. Wear workout attire (including sweatshirt). Asst. Coach Humphrey Garrett is

available in the weight room after school for information. Or contact Darrell Hampton at: 774-9701. Distance runners can contact Brian Bort at 415-439-3257

**V Boys Golf.** Evan Dang Tryouts begin Monday through Friday at the Tilden Park G.C. putting green at 4:00. Bring your own clubs. Contact info: [endang@lmi.com](mailto:endang@lmi.com).

**V Boys Tennis.** Brian Richardson. Tryouts will be Monday, Tuesday and Wednesday, February 4, 5, 6 at the Martin Luther King tennis courts 4:00-6:00 PM. Wear workout attire and bring your own racquet and water bottle. On campus contact - Safety Officer Craig White - for info, 644-8723.

**V, JV, Novice Girls Crew.** Sabrina Linden. Pre-season workouts going on now in the Fencing room off the Softball field on Mon-Fri from 4-6 PM. Contact Chris Dadd at 510-637-9160.

**V, JV, Novice Boys Crew:** Chris Dadd. Preseason workouts going on now in the fencing room off the softball field on Monday, Wednesday, and Friday 4:00-6:00 PM. Contact info: 925-676-8025 or [thecrew4bhs@earthlink.net](mailto:thecrew4bhs@earthlink.net).

## NEWS FROM THE **BHS DEVELOPMENT GROUP**

Thank you to everyone who donated in response to the Berkeley High School Development Group (BHSDG) fall fundraiser. **So far this year, we have received almost \$100,000 of Annual Fund donations, putting us nearly \$45,000 ahead of where we were at this time last year.**

During this same period, donations, grants and other revenues that we have accepted on behalf of BHS departments, programs and small schools have increased by a similar amount to nearly \$175,000. We hope to receive donations from 100% of the BHS community. Don't worry if you've misplaced your envelope--it's never too late to contribute. You can designate your donation to a department, program or small school or give to the general fund (Annual Fund). Either way your dollars will help all students at Berkeley High School to have an enriched and wonderful experience.

Please send your donations to:

**The Berkeley High School Development Group, P.O. Box 519, Berkeley, CA 94701-0519**

All BHS students are benefiting from the dollars you give to the BHSDG. **After-school tutoring** in most subjects provided by 22 teachers is available school-wide to all students, funded by the BHSDG (see complete schedule on page 8).

In addition, every teacher at BHS, B-Tech and Independent Studies was awarded a **\$200 Classroom grant** to be used on classroom materials, books, or consumables that will benefit student learning.

Please stay tuned for our spring fundraising events! **Back by popular demand, Alice Medrich, nationally renowned chocolate expert and Berkeley High School alum parent will again teach us about the fine art of cooking with chocolate.** We are so thrilled, and the event promises to be a lot of fun. **Save the date, March 6;** ticket information will be on the etree soon! Another fabulous spring fundraising event will be our 3rd Annual Wine and Cheese Tasting Event scheduled for April. Please watch for notices about this wonderful evening.

The **Paper Scrip** and the **eScrip** programs both offer great --and effortless --ways to

help BHS, and we want to thank all who participated over the holidays.

To date, we have sold about \$190,000 worth of scrip for a profit of about \$10,000! It's easy to shop with scrip--so easy that many of our scrip households are alumni families who continue to use scrip but no longer have students at BHS. Volunteers deliver the coupons to your home during the first week of each month. Contact Linda Safarik-Tong at [bhs\\_scrip@yahoo.com](mailto:bhs_scrip@yahoo.com) or at 524-5544 for more details. Here's the low down on the types of scrip we offer:

**Peets: \$20 and \$50 denominations; BHS receives 10%**

**Berkeley Bowl: \$20 denominations; BHS receives 4%**

**Five Star Video: \$20 denominations; BHS receives 20%**

**Solano Avenue Association: \$10 denominations; BHS receives 8%.**

Don't forget to register for eScrip on behalf of Berkeley High. (We know you've been meaning to do it...) It is free for you, but BHS makes lots of money. There are several ways to get it done:

GO TO [www.escrip.com](http://www.escrip.com) and follow the instructions to register. The Berkeley High Development Group # is 137646958.

Or call Ellie Katz at 649-1841 and she will do it for you, or email her at [emccancekatz@gmail.com](mailto:emccancekatz@gmail.com)

Finally, if you would like to **get involved in the Development Group**, either with fundraising activities or with our many other activities, we would love to have you. We are always looking for new board members. Please consider attending a board meeting to see how you can fit in. **We are an all-volunteer group of BHS parents and we meet the first Monday evening of every month in the College Career Center from 7-9 PM.**

Mark your calendars for the meetings for the remainder of the 2008 academic year: February 4th, March 3rd, April 7th, May 5th, and June 2nd. Please contact Susan Helmrich at [shelmrich@aol.com](mailto:shelmrich@aol.com) for more information.

*Submitted by Jenny Burroughs, Susan Helmrich, Shawna Hartman Brotsky, Martha Moses, Wilma Wyss, and Linda Safarik-Tong*

### **Recent grants approved in December/January:**

**Stephen Salser:** Replacing 10 year old computers in his Physics classroom;

**Teri Goodman:** AHA 11th grade college visits;

**Miriam Stahl:** Blackout shades for four Visual Arts classrooms;

**Allison Smith:** Field trip for the soccer classes to an indoor arena for a soccer tournament;

BHS students **Megan Winkleman, Elena Wagoner** and **Jasper Burroughs:** Transportation for 35 students to the Santa Teresa High School Model UN Conference;

**Andrew Brodie:** Library improvement: replace and add furnishings for library;

**Alan Miller:** Storytellers and Artists: Guest artists will come for a special day of presentations;

**Amanda Green:** Purchase two video cameras for film and video courses;

**Matt Carton, David Bye & Leslie-Tebbe:** Hire graduate and upper division UC Berkeley English Literature students to assist with reading papers;

**Annie Johnston:** BHS Student Court -- along with funds from other sources, provide funding for BHS Student Court;

**Eileen Jacobs:** Purchase Special Education Literacy equipment;

**Walter Mitchell & Rory Bled:** Purchase equipment for the Caribbean Cricket Club;

**Ilene Abrams:** Funds added to the College and Career Center Discretionary Fund.

# Free Drop-In Tutorials FOR ALL BHS STUDENTS

Sponsored by the BHS Development Group

Name	Days	Subject	Time	Room
Jessica Quindel	M	IMP math	3:15-4:15	C335
Jared Prolo	Tu	IMP and other math	3:20-3:50	H206
Jared Prolo	Th	IMP and other math	3:20-4:20	H206
Nakia Baird	T & Th	Geometry and other math	3:15-4:45	H304
Scott Willson	T & Th	Algebra 1 and Geometry	3:15-4:30	H109
Gideon Goldman	M	Statistics	3:15-4:15	H115
Gideon Goldman	Th	Statistics	3:15-4:45	H115
Shannon Erby	M	Freshman & U.S. History	3:15-4:30	G105
Matt Meyer	M	Economics and government	3:15-4:30	W. Gallery
Ben Sanoff	T	World history	3:15-4:30	C205
Alexandra Freidus	Th	Freshman, world, and U.S. History	3:15-4:30	H203
Kalpna Mistry	Th	Freshman global studies	3:15-4:30	C204
Benette Williams	Th	French & Spanish	3:30-5:00	C106
Samantha Borg	M	Spanish	3:30-5:00	C135
Marcela Taylor	T	Spanish	3:30-5:00	C112
Janelle Bugarini	T	Spanish	3:30-5:00	H201
Matt McHugh	T	Physics	4:15-5:30	G214
Alan Miller	M & F	English	3:15-4:45	C217
Susan Jones	M & W	English	3:15-4:45	C231
Winter	M	Biology	7:00-8:25 am	G301
Whittlesey	M	Biology	Lunch	G210
Pleskac	M	Biology	3:15-4:15	G208
Whittlesey	T	Biology	Lunch	G210
Spohn/Strong	T	Biology	Lunch	G306
Winter	W	Biology	7:00-8:25 am	G301
Spohn	W	Biology	Lunch	G306
Pleskac	Th	Biology	3:15-4:15	G208
Winter	F	Biology	7:00-8:25 am	G301
Strong	F	Biology	Lunch	G215

## BHS CALENDAR

February - March, 2008

### Feb. 2

The School of Social Justice and Ecology (SSJE)  
Electronics Recycling Drive, Berkeley High  
School, 8 AM. to 4 PM

### Feb. 5 & 6

All sophomore CAHSEE (Exit) exam

### Feb. 5

College Info Night for parents/guardians of  
juniors, 6:30 PM, BHS Library

### Feb. 9

Winter Ball

### Feb. 11

Curriculum Night (See 2008-09 scheduling  
note on Page 1)

### Feb. 12

School Governance Council, 4 PM, BCT

### Feb. 15

Lincoln's Birthday –No School

### Feb. 19

President's Day –No School

### Feb. 21

BHS Open House, 7PM

### Feb. 22 & 23

The Vagina Monologues, 8:00 PM, The  
Ashby Stage

### Feb. 26

Winter Ball

School Governance Council, 4PM, BCT

### March 3

BHSDG general meeting, 7PM, College  
Center

### March 8

Int'l Women's Day in-school celebration

### March 11 & 12

Make up CAHSEE (Exit) Exam for 10th,  
11th and 12 graders

### March 28

End of Third Grading Period

### March 31-April 4

Spring Recess

### Student Learning Center (SLC) Room D 221

Oscar Rojas-Soto (oscarrs@berkeley.k12.ca.us)

Tutoring in all subjects, Monday-Friday, 3:15-6:00 PM

AP Projects tutors: ask Oscar for schedule (available for US History, Economics,  
Government, Biology, Human Anatomy, Literature and Composition, Language  
and Composition, Calculus, Math Analysis and Statistics)

### Algebra I and Geometry Tutoring Emphasis

Tuesday and Thursday, 3:15–4:30 PM

Room H-109 Scott Willson